

September Goals

Goal #1 (circle one): work school personal financial family/relationships home

- Committed
- Planned
- Started
- In-progress
- New level
- Done

Goal #2 (circle one): work school personal financial family/relationships home

- Committed
- Planned
- Started
- In-progress
- New level
- Done

Goal #3 (circle one): work school personal financial family/relationships home

- Committed
- Planned
- Started
- In-progress
- New level
- Done

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What's held me back in the past from reaching these goals?

Is there anything right now that may make it difficult to reach these goals?

What would it take for me to reach these goals?

- Do I need to carve out dedicated time?
- Do I need to learn something more?
- Do I need accountability to keep me on track?
- Do I need to "shave" the goal down a little to make it more doable?
- Other _____